READY, SET, KINDERGARTEN! Alphabet

Why It's Important: Learning the alphabet is an important step towards literacy. It can also be very daunting, but it shouldn't have to be! The world is filled with letters, we just have to take advantage of them!

Everyday Tips: While you're cooking dinner, have your child tell you what letter everything starts with, then write that letter on a piece of paper or (even more fun) on the fridge with a dry-erase marker! If we're making salmon tonight, what does salmon start with? Does anything else we're eating start with that sound? When you're in line at the grocery store, ask your child what the letters on the candy wrappers are, or letters on magazine covers. We're surrounded by letters- once your child starts to look for them, they'll find them everywhere!

Activity 1: Go on an alphabet hunt! While you're doing things around the house, ask your child to use their best detective skills to find whatever letters you're working on that week. Bonus points if you give them a magnifying glass!



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Activity 2: Give your child a baking tray filled with flour or sand and ask them to practice drawing the letters you're working on. Sensory activities like this are excellent for your child's brain.

Activity 3: Task your child with building a letter out of 3d objects. This may mean they write the letter "S" with a rolled up blanket, they may build an "A" out of Play-Doh, or have them make the letter "T" with their body! Thinking about letters in a 3-dimensional way is a Montessori principle, and one that is known to help children gain a greater understanding of the concept.

